

OMRON®

Complete™
Blood Pressure Monitor
+ EKG
BP7900

Quick Start Guide

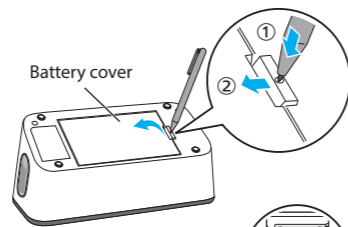


Consult instructions for use.

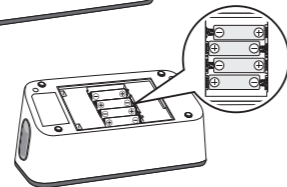
4602712-9C

1 Install batteries

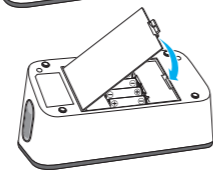
- 1 Push down the hole of the battery cover with a thin object, and pull the hook upward.



- 2 Insert 4 "AA" alkaline batteries.



- 3 Close the battery cover securely.



For details, refer to the instruction manual.

2 Download the app



Download and install the "OMRON connect US/CAN" app on your smartphone.



3 Pair your smartphone

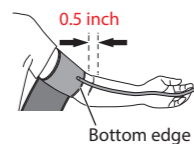
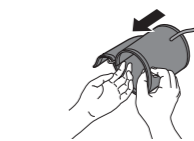


- 1 Enable **Bluetooth®** on your smartphone.
- 2 Open the app and follow the instructions.

For details, refer to the instruction manual or "Support" section in the app.

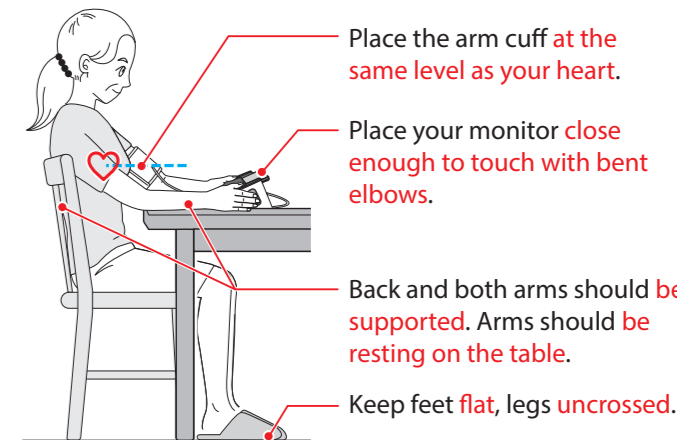
4 Apply the arm cuff

- 1 Plug the arm cuff into your monitor by inserting the air plug into the air jack securely until it clicks.
- 2 Place your hand through the cuff loop, then pull the cuff until it reaches your upper left arm.
The bottom edge of the arm cuff should be 0.5 inch above the inside elbow.
- 3 Wrap the cuff securely.
Make sure that the air tube is on the inside of your arm.



For details, refer to the instruction manual.

5 Sit correctly



For details, refer to the instruction manual.

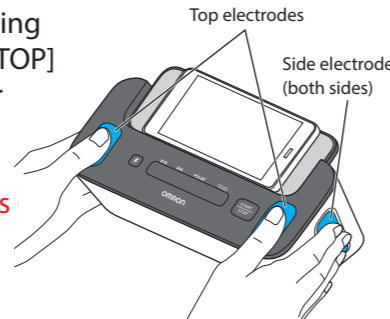


6 Start blood pressure measurement + EKG recording

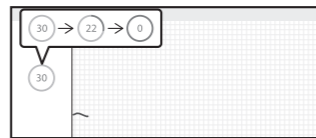
- 1 Open the app on your smartphone.
- 2 Tap "Record your (first) EKG", and follow the instructions.
- 3 Place your smartphone on your monitor.
- 4 Press the BP [START/STOP] button.



- 5 As soon as pressing the BP [START/STOP] button, put your **thumbs** on top electrodes and **2 or more fingers** each of the side electrodes.



- 6 Remain still and do not talk until the arm cuff deflates and a 30-second countdown on your smartphone is complete.



Your EKG wave is not visible for the first time.

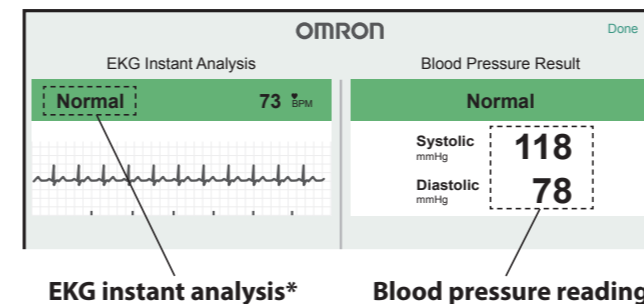
For details, refer to TIP 1 on the last page of this quick start guide or the instruction manual.

7 Check your blood pressure readings and EKG recordings

- 1 After blood pressure measurement and EKG recording, your blood pressure reading is displayed on the monitor.
- 2 Press the BP [START/STOP] button to turn the monitor off.
- 3 An EKG instant analysis appears on the left side on your smartphone screen and your blood pressure reading appears on the right side.



For details, refer to the instruction manual.



* Possible Atrial Fibrillation (or AFib), Bradycardia, Tachycardia, Normal, Unreadable or Unclassified

Your first EKG wave and analysis will not be visible until you receive a report from the cardiologist for free by email within 24 hours. After you receive a report, you can see your EKG on the smartphone screen.

For details, refer to TIP 1 on the last page of this quick start guide or the instruction manual.

3 ways to use this monitor

- 1 Taking a blood pressure measurement and recording an EKG **simultaneously**. Steps are included in this quick start guide.
- 2 Taking **only a blood pressure measurement**. For details, refer to section 4 in the instruction manual.
- 3 Recording **only an EKG**. For details, refer to section 5 in the instruction manual.

EKG software and services powered by AliveCor

TIP 1 Your first EKG recording will not be visible and any additional EKGs will not be recorded until you get your free medical interpretation of your first EKG recording. A U.S. board-certified cardiologist will automatically review your first EKG recording for free and will provide a medical interpretation within 24 hours. After receiving the report, you can view and record your EKG. If you have created an account with a referral code, the EKG wave and analysis will be visible beginning with the first EKG recording.

TIP 2 Before taking a blood pressure measurement and EKG recording, make sure that your blood pressure monitor and smartphone are successfully paired, and the "OMRON connect US/CAN" app is opened on your smartphone.

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